



Help your body heal itself!

Consultation agreement

You understand that:

- Anna Vakil CCH practices homeopathy under an amendment to [Arizona Revised Statutes Title 32 \(Professions and Occupations\) Chapter 2911 Section 10](#) passed in October, 2008.
- The goal of homeopathy is to stimulate the body’s natural healing process through the use of homeopathic remedies that are prepared in the manner described in the Homeopathic Pharmacopoeia of the United States and are considered non-toxic and non-habit forming and do not interfere with conventional medical treatment.

You also understand that:

- Anna Vakil is not a licensed medical provider. No medical diagnosis will be made and no claim to cure has been made. The care you receive complements and does not replace or delay the medical care you receive from your primary care provider (PCP) or licensed medical practitioner (such as MD, ND, DO, etc.). You will not consider your conversations with Anna Vakil as medical advice, nor will you use information gleaned from these conversations to neglect or delay medical care advised by your primary care physician or licensed medical practitioner. Anna Vakil will not be providing hospital or emergency care.
- All matters pertaining to your Rx prescription medications must be handled by your PCP or licensed medical practitioner.
- Reactions to homeopathic remedies, although uncommon, may include *temporary* worsening of present symptoms, return of old symptoms or development of new symptoms.
- Results are not guaranteed and outcomes vary. Homeopathic care for chronic conditions is usually a gradual process that requires commitment to a series of follow-ups. It also requires that you agree not to begin any new supplements, alternative therapies or special diets without first consulting with your homeopathic practitioner.
- You will be asked to assume some responsibility for your own health through appropriate self-care.
- You understand that the likelihood of a videoconference being intercepted by an outsider is similar to the potential interception of a phone call.
- When applicable and timely, Anna Vakil may refer you to other practitioners for concurrent adjunct therapies.
- You and/or Anna Vakil have the right to terminate the professional relationship at any time and for any reason. If you terminate homeopathic care, you agree to not take a prescribed remedy beyond one month after the last appointment.
- Consultation fees, which include the cost of most remedies, are due in full at the time of service.

I have read the information contained in this document and agree to abide by its Terms and Conditions. I agree to the Fees and Policies contained in the attached statement. I authorize Anna Vakil to conduct a homeopathic consultation and assessment regarding my case.

Client Name (Please print)

Date of birth

Signature of Client

Date

I, Anna Vakil CCH, agree to abide by the Code of Ethics of the Council for Homeopathic Certification (CHC) and the CHC Client Healthcare Rights.

Practitioner Signature



Fees and policies

Office business hours

Monday through Friday from 9:00 am to 5:00pm.

Appointments

Tuesdays: 1:30-7:00pm

Wednesdays: 8:00am-1:00pm

1 Saturday per month: 8:00am-12:00pm

Payment

Fees are due at the time of your appointment. Credit card, cash, check, debit and Paypal are accepted and an invoice will be issued to you via E-mail.

Insurance does not pay directly for our services, but **some health insurance plans will reimburse you for the costs of homeopathic care.** Invoice statements from our office contain codes that can be submitted to insurance companies for reimbursement. Please see guidelines available on my website on insurance reimbursement.

HSAs, FSAs and RSAs can also pay for homeopathic care. Please check with your insurance provider.

If this fee schedule is changed, advance notice to existing clients will be provided. Refunds are not available.

Consultation fees

Consultation fees include the cost of most homeopathic remedies as well as everything else it takes for me to establish a supportive relationship with you: individualized analysis and research, call-in support, evidence-based coaching and check-in calls or E-mails from me for the purpose of tracking your progress.

Comprehensive Consultation (1-1/2 hours) \$250

Children under 12 \$165

Addresses all of your conditions and health history. Includes a custom-made Bachflower essence if appropriate.

Therapeutic Focus Consultation (1-hour) \$150

Children under 12: \$95

A more economical option can be offered for less complex cases. Focuses on your major chronic complaint, but still involves a holistic assessment.

Follow-ups (30-45 minutes) \$ 95

It is very important that follow-up appointments are kept, even when you are doing well or continuing to make progress. The dosing, frequency and potency management of your homeopathic remedy are critical to ensure proper progress. Remember that the ultimate aim of homeopathic care is that you will have minimal or no dependence on any medicines, including homeopathic remedies. As a convenience, video-conference or phone follow-ups can also be arranged.

Acute Care consultations (15 to 30 minutes)

Phone or in-office \$ 40-60

(includes up to 2 brief phone follow-ups following consultation)

Available for existing or new clients. Most non-life threatening conditions respond well to homeopathy so we maintain an inventory of more than 350 remedies in several potencies for acute illnesses, first aid and rehabilitation. Please contact us if during the course of homeopathic care you come down with an acute illness like flu or diarrhea, experience an urgent condition such as a strain, minor injury or burn, flare-up of a chronic symptom, or would like homeopathy to speed up recovery and rehabilitation following surgery or trauma.

Referral program

Receive 15% off your next appointment when you refer a new client.

Remedies without consultations

I do not sell homeopathic remedies. However, if we determine through our work together that you require a remedy without a consultation, I will charge for that remedy (\$10 for liquid, \$10 - \$50 for various other potencies and quantities) as well as a mailing fee (\$10 which includes U.S. Postal Service package postage cost. If you require expedited or other shipping or international shipping, additional charges will apply).

Preparing for your first appointment

Please read "What to expect" for how to prepare for your first appointment.

Contacting me

I can be contacted by E-mail (anna@yumahomeopathy.com) or by phone at (928) 247-6385. All E-mails will be answered within 24 hours. All phone calls that are not immediately answered can normally be returned by the end of the next business day.

Call-in support

Tuesdays and Wednesdays 1:00 – 1:30pm

This special time has been set aside for clients to call in and reach me directly with questions or concerns. Conversations are expected to be 5 – 10 minutes long. If an issue requires further discussion, an Acute Care Consultation can usually be scheduled the same day.

Emergencies

In the event that a condition becomes life-threatening or severe, call 911 or your primary care physician or licensed medical practitioner and follow any medical advice given. Homeopathic remedies do not interfere with conventional medical treatment. For urgent conditions occurring outside of normal business hours that are not medical emergencies I can be reached at my cell number (623-399-0657), but please be aware there will be an Acute Care Consultation fee for an urgent call made to this number.

Cancellations

Your appointment time is specially reserved for you. Please provide at least 24-hours notice if you need to cancel. Barring unforeseen emergencies, **if 24-hours notice is not given we reserve the right to charge \$40 for a missed appointment.**

Remedy provision

Remedies can be picked up at any time that is pre-arranged between us. For the first homeopathic prescription, a phone conversation is also arranged to review remedy instructions and other supportive information. After the first prescription, some remedies may be sent directly to your home.